

健身全月通

Monthly Fitness Pass



一個月無限次使用下列服務和設施：

- ◆ 健身室 Weight Room
- ◆ 桑拿室 Sauna
- ◆ 儲物櫃及浴巾 Locker and Towel

Unlimited use of the following services and facilities for one month:

- ◆ 室內游泳池 Swimming Pool
- ◆ 按摩池 Jacuzzi

由2017年7月1日起生效
Effective from 1st July 2017

\$800 一個月
a month



健身室開放時間 Weight Room Opening Hours

星期一至星期日
MON to SUN

07:00am - 22:30pm

游泳池及按摩池開放時間 Pools & Jacuzzi Opening Hours

星期一
Monday

每週清潔時段
Close for weekly cleansing

12:30pm - 17:00pm

18:00pm - 22:30pm

星期二至星期五
Tuesday to Friday

07:00am - 17:00pm

18:00pm - 22:30pm

星期六、日及公眾假期
Sat, Sun & Public Holidays

07:00am - 11:30am

12:30pm - 17:00pm

18:00pm - 22:30pm

詳情請與本中心職員聯絡，或致電2268 7055查詢

Please contact Fitness Centre staff or call 2268 7055 for details

香港基督教青年會保留隨時更改會籍條款的權利而無須事先通知

The YMCA of Hong Kong reserves the right to change the membership policy without prior notice