

健身中心・基本會籍

現正接受申請
Open for apply

FITNESS CENTRE • BASIC MEMBERSHIP

會籍費用 Membership Fee

2021 年 7 月 1 日生效
Effect from 1 July 2021

3 個月
months **\$2,100**

6 個月
months **\$4,170**

12 個月
months **\$8,160**
\$7,620

先進會員 (60 歲或以上)
Master members (ages 60 or above)



服務及設施 Services and Facilities

健身室
Weight Room

恆溫泳池
Swimming Pool

桑拿及按摩池
Sauna and Jacuzzi

免費儲物櫃及浴巾
Free Locker and Towel

游泳池及按摩池開放時間 Pools & Jacuzzi Opening Hours

星期一
Monday

每週清潔時段
Close for weekly cleansing

12:30pm - 17:00pm

18:00pm - 22:00pm

星期二至五
Tuesday to Friday

07:00am - 17:00pm

18:00pm - 22:00pm

星期六、日及公眾假期
Sat, Sun & Public Holidays

07:00am - 11:30am

12:30pm - 17:00pm

18:00pm - 22:00pm

健身室開放時間 Weight Room Opening Hours

星期一至日 Mon to Sun

07:00am - 22:30pm

詳情請與本中心職員聯絡，或致電 2268 7055 查詢
Please contact Fitness Centre staff or call 2268 7055 for details

標準會籍 Regular

會費 Original

先進會員#
年費優惠
Master member

3 months	\$3,285	-
6 months	\$6,540	-
12 months	\$12,660	\$11,160



可享用場地及設施：

Facilities Includes:

- 健身中心
Fitness Centre
- 桑拿房 / 按摩池
Sauna / Jacuzzi Facilities
- 每週 46 班健康健班
46 Choices of Group Exercise
- 專業健身教練指導
Professional Fitness Advice
- 室內暖水泳池
Indoor Swimming Pool
- 每次進場均提供毛巾乙條
Complimentary Towel

先進會員年費優惠只適用於年滿60歲或以上之參加者
Master Member Privilege applies to any participant ages 60 or above.

- 香港基督教青年會保留隨時更改優惠條款的權利而無須事先通知
- The YMCA of Hong Kong reserves the right to change the membership policy without prior notice.

健身室開放時間 Weight Room Opening Hours

星期一至星期日
Monday to Sunday

07:00am - 22:30pm

游泳池及按摩池開放時間 Pools & Jacuzzi Opening Hours

星期一 Monday

每週清潔時段
Close for weekly cleansing

12:30pm - 17:00pm

18:00pm - 22:00pm

星期二至星期五 Tuesday to Friday

07:00am - 17:00pm

18:00pm - 22:00pm

星期六、日及公眾假期
Sat, Sun & Public Holidays

07:00am - 11:30am

12:30pm - 17:00pm

18:00pm - 22:00pm

